

neenjames

Neen James is the author of nine books including *Folding Time™* and her most recent, *Attention Pays™*. Neen has been consistently named one of the top 30 Leadership Speakers by Global Guru because of her work with companies like Viacom, Comcast, Cisco, Virgin, Pfizer, BMW, and the FBI, among others.

Neen earned her MBA from Southern Cross University and the Certified Speaking Professional designation from National Speakers Association. She has received numerous awards as a professional speaker, is a partner in the international education company Thought Leaders Global, and is a member of the prestigious League of Heroic Public Speakers.

Neen is a leadership expert who delivers high-energy keynotes that challenge audiences to leverage their focus and pay attention to what matters most at work and in life. Audiences love her practical strategies they can apply personally and professionally, and meeting planners love working with her - they often describe Neen as the energizer bunny for their events.

With a strong background in learning and development and managing large teams at various corporations, Neen is the perfect fit for organizations who want implementable strategies that will help their employees avoid distractions, stop interruptions, prioritize daily objectives and say 'no' to requests that steal time and focus from real goals and priorities.

Oh, did we mention that Neen is Australian? Why does that matter? Well, it means that she's a bit mischievous, is pretty witty and a little cheeky. She also considers herself an unofficial champagne taste tester ... and a really slow runner.



TOPIC OVERVIEWS

ATTENTION PAYS™

HOW TO DRIVE PROFITABILITY, PRODUCTIVITY AND ACCOUNTABILITY

To get the results you want, you need to get attention.
But most people don't know how to get it and keep it.

You'll learn:

- Why we get attention wrong (and how to get it right)
- The three types of attention, Personal, Professional and Global and how to master each
- Strategies to design work and personal environments for optimal attention and focus
- How to turn your technology and devices from frustrating distractions to powerful levers
- A simple framework to get your team aligned, focused and executing faster than ever

FOLDING TIME™

HOW TO FOCUS YOUR TIME, ENERGY AND ATTENTION TO MAKE AN IMPACT

What if we've been thinking about productivity all wrong?

You'll learn:

- How to choose your most strategic time window based on your personal productivity style
- Understand how to identify and eliminate distractions and "attention killers"
- How The 15-Minute Rule can help you increase your sense of control and move all your projects forward
- How to "make time in time" and turn unproductive windows into magical moments



neenjames

| neen@neenjames.com | www.neenjames.com



215.230.0835